**Effective Date: 09-25-2014** 



## NHS MEDICAL POLICY

## Blood Patch Procedure 2014-013

The epidural injection of blood or clot patch may be indicated when the member has a headache following a lumbar puncture procedure that requires treatment.

## **SOURCES**

- 1. UpToDate.com was accessed Aug 18, 2014.
- 2. Boonmak P, Boonmak S. Epidural blood patching for preventing and treating post-dural puncture headache. Cochrane Database Syst Rev 2010; CD001791.
- 3. Mokri B. Low cerebrospinal fluid pressure syndromes. Neurol Clin 2004; 22:55.
- 4. Sandesc D, Lupei MI, Sirbu C, et al. Conventional treatment or epidural blood patch for the treatment of different etiologies of post dural puncture headache. Acta Anaesthesiol Belg 2005; 56:265.
- 5. Seebacher J, Ribeiro V, LeGuillou JL, et al. Epidural blood patch in the treatment of post dural puncture headache: a double blind study. Headache 1989; 29:630.
- 6. van Kooten F, Oedit R, Bakker SL, Dippel DW. Epidural blood patch in post dural puncture headache: a randomised, observer-blind, controlled clinical trial. J Neurol Neurosurg Psychiatry 2008; 79:553.

**CODE REFERENCE** (This may not be a comprehensive list of codes to apply to this policy.)

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## POLICY HISTORY/REVISION INFORMATION

Date	Action/Description
09/25/2015	Annual review and approval by UM Committee
09/14/2016	Annual review and approval by UM Committee
09/12/2017	Annual review and approval by UM Committee
09/12/2018	Annual review and approval by UM Committee
09/12/2019	Annual review and approval by UM Committee
09/10/2020	Annual review and approval by UM Committee
09/10/2021	Annual review and approval by UM Committee
09/19/2022	Annual review and approval by UM Committee
08/23/2023	Annual review and approval by UM/QM Committee
08/23/2024	Annual review and approval by UM/QM Committee