Effective Date: 12/18/2014



NHS MEDICAL POLICY

Electrical or Electromagnetic Bone Growth Stimulators DME 2014-008

An electrical or electromagnetic bone growth stimulator may be indicated when ONE of the following is present:

- Electrical bone growth stimulator is being used as adjunctive treatment to a certified cervical, thoracic or lumbar spine fusion AT MORE THAN ONE LEVEL.
- Electrical bone growth stimulator is being used as adjunctive treatment to a cervical, thoracic or lumbar spine fusion AT ONE LEVEL and one of the following risk factors for fusion failure is present:
 - A comorbid condition associated with compromised bone healing is present (eg, diabetes, obesity, osteoporosis, current tobacco use)
 - There is a history of a previous failed fusion
 - Spondylolisthesis grade II or greater is present before the surgery

SOURCES

- 1. Personal communication, Dr. Kambiz Hannani, spine surgeon, peer reviewer October 9, 2014.
- 2. UpToDate.com was accessed October 8, 2014.
- 3. Milliman Care Guidelines, 18th Edition, Bone Growth Stimulators, Electrical and Electromagnetic, ACG: A-0565
- 4. Foley KT, et al. Randomized, prospective, and controlled clinical trial of pulsed electromagnetic field stimulation for cervical fusion. Spine Journal 2008;8(3):436-42. DOI: 10.1016/j.spinee.2007.06.006
- 5. Welch WC, et al. Implantable direct current stimulation in para-axial cervical arthrodesis. Advances in Therapy 2004 Nov-Dec;21(6):389-400

CODE REFERENCE (This may not be a comprehensive list of codes to apply to this policy.)

CPT: 20974, 20975

HCPCS: E0747, E0748, E0749

POLICY HISTORY/REVISION INFORMATION

Date	Action/Description
09/25/2015	Annual review and approval by UM Committee
09/14/2016	Annual review and approval by UM Committee
09/12/2017	Annual review and approval by UM Committee
09/12/2018	Annual review and approval by UM Committee
09/12/2019	Annual review and approval by UM Committee
09/10/2020	Annual review and approval by UM Committee
09/10/2021	Annual review and approval by UM Committee
09/19/2022	Annual review and approval by UM Committee
08/23/2023	Annual review and approval by UM/QM Committee
08/23/2024	Annual review and approval by UM/QM Committee