



NHS MEDICAL POLICY

Mastectomy, Partial (Lumpectomy) for Fibroadenoma Procedure 2016-005

Partial mastectomy or lumpectomy may be indicated for a breast fibroadenoma when any ONE of the following is present:

1	The fibroadenoma has increased in size.
2	The fibroadenoma is 2 cm or larger.
3	The fibroadenoma is symptomatic due to tenderness, pain, skin change, etc.
4	Pathology showed intraductal papilloma, atypia or was inconclusive.

Note: Excisional biopsy may also be done for benign breast tumors. However, the surgical goal of lumpectomy over excisional biopsy is to achieve wider surgical margins in the event of adverse pathology determination. This policy does not include the use of cryoablation, which is considered investigational for this condition.

SOURCES

1. Grady I, Gorsuch H, Wilburn-Bailey S. Long-term outcome of benign fibroadenomas treated by ultrasound-guided percutaneous excision. *Breast J* 2008; 14:275.
2. Kaufman CS, Bachman B, Littrup PJ, et al. Office-based ultrasound-guided cryoablation of breast fibroadenomas. *Am J Surg* 2002; 184:394.
3. Littrup PJ, Freeman-Gibb L, Andea A, et al. Cryotherapy for breast fibroadenomas. *Radiology* 2005; 234:63.
4. American Society of Breast Surgeons, Guideline for Management of Fibroadenomas of the Breast, April 29, 2008.
5. Milliman Care Guidelines, 20th edition was accessed Sep 8, 2016: S-858 ISC ORG Mastectomy, Partial (Lumpectomy)
6. UpToDate.com was accessed Sep 8, 2016: Overview of benign breast disease.

CODE REFERENCE (This may not be a comprehensive list of codes to apply to this policy.)

19301, 19120, 76098, 14301, 19120, 19125, 19126

POLICY HISTORY/REVISION INFORMATION

Date	Action/Description
09/12/2017	Annual review and approval by UM Committee
09/12/2018	Annual review and approval by UM Committee
09/12/2019	Annual review and approval by UM Committee
09/10/2020	Annual review and approval by UM Committee
09/10/2021	Annual review and approval by UM Committee
09/19/2022	Annual review and approval by UM Committee
08/23/2023	Annual review and approval by UM/QM Committee
08/23/2024	Annual review and approval by UM/QM Committee